

SEPTEMBER 2019

# MV Mediation Program

We Can Work it Out!

## Upcoming Events

### Workplace Conflict Workshop

Thursdays 12:00 pm OB Library

October 10

November 14

December 12

Call/email to register

### Conflict Management Course

Tuesdays 8:45 am-10:15

Sept 17 - Nov 19

Call/email to register

For managers/supervisors

### Introduction to Mediation Course

Thursdays 5:00 pm

Oct 3 - Dec 5

Call/email to register

### International Conflict Resolution Day

October 17

Distributing information to promote  
mediation and conflict resolution.

Call or email to see how you can help out.



## MEDIATION MUSINGS

At least one, if not all of our principles: *Confidentiality, Voluntariness, Neutrality and Self-Determination*; function as guide stars for each service we offer. It's good to have principles to hold on to when we do mediation, facilitation, conflict coaching or educational work. These principles unite our organization and provide us with shared core values.

*Communicate Carefully* might well be considered another one of our principles because we know that successful practitioners in the conflict resolution field are precise and thoughtful in their communication. Choosing the right word or phrase, listening carefully, matching cadence and tone, being aware of how messages can be put in a more effective way, studying language and usage-- all are ways we can become more expert communicators. I found this article to be a great read in this regard. I hope you enjoy it and learn from it as I have. -[Would you be Willing?](#)

Will we see you at one of our many upcoming activities? Workplace conflict is a big focus for the coming months. The Youth Project continues with two videos being edited and mediation services for youth now available with our newly trained Youth Mediators. The Introduction to Mediation course begins on October 3. We are, as usual, providing conflict resolution services to individuals and organizations as we continue to serve our community. We are scheduling into November and December now because we are so busy!

Thanks for your great support for our work.

*Sara Barnes*, President MVMP

## FOR MEDIATORS AND APPRENTICES

**Mediator Saturdays:** Roster mediators, apprentices & trainees. Third Saturday monthly 10:00 am Dukes County Conference Room.

**Small Claims Dates:** September 25 & November 13.

**Advanced training:** Participate in Introduction to Mediation for advanced professional development hours or to finish your apprenticeship/training. Let Sara know if interested.

Please RSVP to [info@mvmediation.org](mailto:info@mvmediation.org)/call 508 693 2999.

Interested in providing youth/adult mediation such as in parent/child or student/teacher cases? Let us know--this is a new area for MVMP and we are gauging interest.



## INTRODUCTION TO MEDIATION COURSE

MV Mediation is proud to offer our twice yearly Introduction to Mediation course. Conflict is part of everyday life. As a mediator you will learn to guide disputes toward mutually satisfying agreements. Participants will learn mediation skills, conflict resolution tools and strategies as well as gain approaches for successfully resolving daily life conflicts.

Mediation skills and training are applicable in many personal and professional contexts. Taught by our lead mediator, Sara Barnes, who has over three decades of experience with mediation and conflict resolution, the course is interactive and participatory. With a world full of conflict, this course offers involvement with an optimistic slice of committed individuals who want to make a difference.

See above for schedule. Call/email to register.

[Visit our website](#)

## WORKPLACE CONFLICT WORKSHOPS AND MANAGEMENT COURSE

We are excited to be hosting two series about conflict in the workplace. Many local businesses over the years have sought out assistance with conflict they have encountered. In response we have created, in partnership with the MV Chamber of Commerce, two different series designed to help island business deal with daily conflict issues.

The first is a series of free lunchtime workshops co-sponsored by the MV Chamber of Commerce. These will cover the following topics:

- creating a conflict positive workplace
- conflict management action planning,
- toxic workplace-what to do?
- team building in a healthy workplace.

These 90 minute long workshops will send participants off with do-able tips and strategies to assist workplace conflict management. See above for schedule.

The second workplace conflict offering is a 8 session course on Workplace Conflict Management. This is designed for Vineyard managers and supervisors. The cohort will collaboratively review a workplace conflict management book. Participants will receive support and insight into their own business dilemmas through a case study model. This course is co-sponsored by the MV Chamber of Commerce and the YMCA. Call/email to register.

